



SLEEPING CHILDREN POLICY

When children are asleep while in the care of the nursery a member of staff will check on them every 10 minutes. These checks will be recorded to prove that the checks have taken place. The staff member checking will write their initials next to the time of the check.

All possible attention will be given to ensure the child is both comfortable and safe in appropriate accommodation. If the child is asleep in a pushchair then they will be secured by a set of reins. Cots are available for the children to sleep in and these will be of a safe and secure standard with high sides.

No children will be put down to sleep with a bottle unsupervised in order to prevent the possibility of choking therefore the bottle is removed when the child has fallen asleep. Parents may provide the child's usual security aids. Parent's wishes will be followed relating to how the child is positioned to sleep. We aim to be flexible and consistent with home routines with regards to sleep, especially for the under twos. We do however, urge you to be aware that the nursery environment will differ from home and therefore sleep times may differ slightly.